WHAT IS CLAIMED IS:

- 1. A method comprising:

 setting an index value of a multimedia message; and

 forwarding the multimedia message based on the set index value.
- 2. The method of claim 1, wherein the index value is set in a header of the multimedia message.
- 3. The method of claim 2, wherein the index value comprises a predetermined bit in order to discriminate the multimedia message from other multimedia messages.
- 4. The method of claim 2, wherein the index value is set as a value corresponding to other than '0' by a multimedia messaging service server.
- 5. The method of claim 2, wherein the index value is set as a value corresponding to '0' when contents of the multimedia message change.
- 6. The method of claim 2, wherein the index value is set as a value corresponding to '0' when the multimedia message is deleted from a mailbox.

7. The method of claim 1, wherein forwarding the multimedia message comprises forwarding the multimedia message from a server to a user agent.

8. A method comprising:

transmitting header information of a multimedia message from a user agent to a server; and

determining an index value of the transmitted header information.

- 9. The method of claim 8, further comprising retrieving a multimedia message having a same index value in a mailbox.
- 10. The method of claim 9, further comprising inserting information of a receiving side in the retrieved multimedia message.
- 11. The method of claim 10, further comprising transmitting the multimedia message to a user agent on the receiving side.
- 12. The method of claim 10, wherein the information of the receiving side comprises one of a telephone number and an address of the receiving side.
- 13. The method of claim 8, wherein the index value includes a predetermined bit to discriminate among multimedia messages.

- 14. The method of claim 8, further comprising a multimedia server setting the index value to correspond to a value other than '0'.
- 15. The method of claim 14, wherein the index value is set to correspond to '0' when contents of the multimedia message changes.
- 16. The method of claim 14, wherein the index value is set to correspond to '0' when the multimedia message is deleted from a mailbox.
- 17. The method of claim 8, further comprising transmitting the multimedia message when the index value corresponds to '0'.
- 18. The method of claim 8, wherein the multimedia message stored in a mailbox has a predetermined storage time set by a multimedia user agent.
- 19. The method of claim 18, further comprising automatically deleting the multimedia message stored in the mailbox when the set storing time elapses.

- 20. A multimedia communication method comprising:

 receiving header information of a multimedia message; and

 determining how to communicate a multimedia message based on the received header information.
- 21. The method of claim 20, wherein determining how to communicate comprises determining an index value of the multimedia message.
- 22. The method of claim 21, wherein the index value is provided in the header information.
- 23. The method of claim 21, further comprising forwarding the multimedia message from a first user agent to a second user agent based on the determined index value.
- 24. The method of claim 21, further comprising retrieving a multimedia message having a similar index value from a memory based on the determined index value.
- 25. The method of claim 24, further comprising associating identification information of a receiving side with the retrieved multimedia message.

- 26. A server comprising:
- a receiving device to receive at least an index value of a multimedia message;
- a processor to select information to transmit based on the index value; and
 - a transmitting device to transmit at least the selected information.
- 27. The server of claim 26, wherein the index value is provided in a header of the multimedia message.
- 28. The server of claim 26, wherein the index value comprises a predetermined bit in order to discriminate the multimedia message from other multimedia messages.
- 29. The server of claim 26, wherein the processor sets the index value to correspond to '0' when contents of the multimedia message change.
- 30. The server of claim 26, wherein the processor sets the index value to correspond to '0' when the multimedia message is deleted from a mailbox.

- 31. The server of claim 26, wherein the processor decides to forward the multimedia message from a first user agent to a second user agent based on the received index value.
- 32. The server of claim 26, wherein the processor decides to retrieve a multimedia message having a similar index value from a memory based on the determined index value.